



GREYSTONE BOOKS

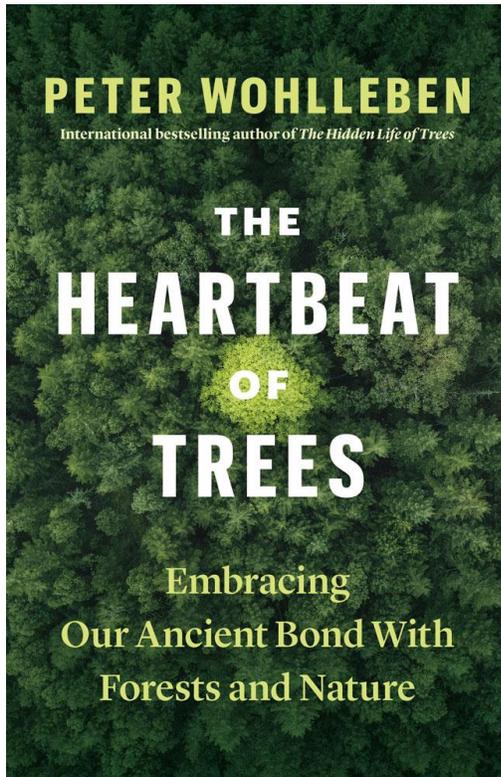
media release

The Heartbeat of Trees

Embracing Our Ancient Bond with Forests and Nature

By Peter Wohlleben

'a gentle German forester who writes in a charmingly intuitive way about the woods he loves' The Sunday Times



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Translated by Jane Billinghamurst

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Hardcover • £19.99

5.5" x 8.5" • 264 pages

eBook available

William Collins paid a substantial advance for UK paperback rights publishing in 2022 and will be releasing an audio book to tie in with the Greystone hardback.

Translated by Jane Billinghamurst

The Sunday Times bestselling author of *The Hidden Life of Trees* returns to his and his readers' favorite subject—trees—in this powerful, timely new book

Drawing on new scientific discoveries, *The Heartbeat of Trees* reveals the profound interactions humans can have with nature, exploring the language of the forest, the consciousness of plants, and the eroding boundary between flora and fauna.

Whether we observe it or not, Wohlleben points out that our blood pressure stabilises near trees, the colour green calms us, and the forest sharpens our senses.

Above all, Wohlleben reveals a wondrous cosmos where humans are a part of nature, and where conservation is not just about saving trees—it's about saving ourselves, too.

PETER WOHLLEBEN is the author of numerous books, including the international bestseller *The Hidden Life of Trees* which has sold more than 150,000 copies in the UK alone, over 3 million worldwide and has been in the Top 10 bestseller lists in 13 different countries.

The *Hidden Life of Trees* was described in *The New Statesman* as *'a wonderful provocative book..by an acute and empathetic forester'* and *The Guardian* said of his first book *'Wohlleben's book will change your view of the wooded world.'*

When he's not writing, Wohlleben manages a sustainable forest and runs a forest academy where he lives in Germany.

His plans to visit the UK have been cancelled due to Covid but he will be doing interviews on 4th, 9th and 10th June. His first UK event will be in association with the Royal Botanic Gardens Edinburgh on Thursday 10th June followed by How To Academy on Tuesday 29th June. He speaks fluent English.

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